



*Spring
2023
Dance*

Table of Contents

Class Guidelines – 3

Class Descriptions & Price – 4

Class Schedule & Room Assignments – 6

Important Dates – 8

Dress Code – 9

Class Guidelines

Thank you for choosing Worship Through Dance for your child's dance training. It is important that you and your dancer(s) understand these guidelines and support them cheerfully to bring security, peace and consistency for all who are involved.

1. Dancers should be on time to class and follow the dress code guidelines. Please have your dancer use the restroom before class. (Please make sure their ties are neatly tied and tucked into their shoe comfortably so they are not seen at all in class.)
2. For the safety of all dancers, cover-ups should be worn to and from the church. The cover-up needs to cover your top and hips. Please do not wear dance shoes outside!
3. Levels pre-ballet through level 3: Parents should be outside the dance room when it is time for your child to be dismissed. Teachers do not have time to find missing mommies and this is scary for the younger students.
4. Parents and/or siblings are not allowed in the class room during class time. Please wait in the designated waiting areas. Siblings of dancers are NEVER to be left unattended. No rowdy play is allowed. Everyone must be quiet and respectful inside the church building.
5. Please clean up after yourself and your children.
6. Try not to "catch" a teacher between class. If you have a concern please email her during the week.
7. Please only come to class when your child is well. (No fever, green mucus, or stomach symptoms within the previous 24 hours.)
8. Inclement Weather Policy: We only post on social media and our phone line if weather is a concern. We do not email classes about inclement weather cancellations. You can call 678-784-5317 ext. 2 or you can check Facebook (Johnson Ferry Sports) or Twitter (@jfbcsports). Remember: We do not automatically cancel classes even if the school system cancels. We follow the church's lead in cancelling classes.
9. Make up classes—there will be no makeup classes offered for levels Mommy and Me-Level 2 unless a class is cancelled for bad weather. Makeup classes are only available for Ballet 3-5 and you must schedule this with Tennyson.
10. If you must leave your child during class time, please sign out with a phone number where you can be reached in case of an emergency. Please be in the hallway when class is finished.
11. Please use the seating provided throughout the church. Please do not stand or sit on the walking track. Do not move any furniture.
12. Please keep our equipment outside of class rooms in good condition by not allowing siblings to play with them or around them.

Class Descriptions & Price

Worship Through Dance is a unique opportunity for students to learn the discipline of dance in a Christ-centered atmosphere. Our team of instructors is led by Tennyson Carden. She has served as the Director of Dance at Johnson Ferry for 12 years. We offer classes catering to differing skill levels in Classical Ballet, Tap, Jazz, and Lyrical. Tennyson's heartbeat is for classical dance to be taught in an atmosphere that is glorifying to God and where young hearts can find their acceptance in Him. Each class includes a devotion and prayer. Praise and worship skills and technique are incorporated into each class.

PLEASE NOTE THAT OUR CURRICULUM IS DESIGNED FOR DANCERS TO SPEND 2-3 YEARS IN EACH LEVEL.

Mommy and Me (18 months-30 months) This fun class is an introduction to dance for the youngest dancer. Children will learn music interpretation, spatial awareness and creative movement. They will begin to develop balance and listening skills. A mom or nanny participant is required. Children are welcome to wear leotard, tights, and ballet shoes but this is not required. Moms and students should have on comfortable clothing that is conducive to moving easily. These students do not participate in the Christmas and Spring Concerts.

\$150

Pre-Ballet and Pre-Tap (3 and 4-year olds—must be 3 by September 1, 2022) This fast-paced class introduces children specifically to the discipline of ballet as the foundation of dance as worship is laid. The basic ballet position and vocabulary are introduced at this level. Each class is designed around a Bible theme. Children will be taught to follow instructions, move as part of a group, and to explore their individual creativity while doing all to the glory of God. Instruction will seek to develop gross and fine motor skills and self-awareness. This class is wonderful preparation for later dance training or group sports. The optional Tap portion will take place during the last 10-15 minutes of class as an introduction to the style. These students will perform a ballet dance only in the Christmas and Spring Concerts.

\$215

Optional Tap Add-On: \$25

Ballet 1 (K -1st grade) This beginner class teaches children basic ballet position, movement, and technique. Posture and discipline are emphasized in a positive, non-threatening atmosphere. Dancers are continuously reminded of focusing their attention on worship and of their acceptance in Christ.

\$215

Ballet 2 (2nd grade and older) This class is designed to accommodate dancers in the 2nd grade and older that have some previous ballet experience and also dancers in this age range that have little to no previous ballet experience. Participants will review and continue to master basic ballet position, posture, and movement. Dancers are continuously reminded of focusing their attention on worship. A non-competitive environment is encouraged as we focus on our acceptance in Christ.

\$215

Preparatory Ballet 2 (2nd grade and older) This class is designed to accommodate dancers in the 2nd grade and older that have demonstrated proficiency in Ballet 1. Students will be placed in the class after they have demonstrated proficiency in Ballet 1 curriculum. New students to the program are required to be evaluated before being placed in this class. (Please contact the dance director at dance@jbc.org to set up an evaluation.) Participants will continue to improve basic ballet position, posture, and movement. Technique is emphasized as the ballet repertoire is expanded. Dancers are continuously reminded of focusing their attention on worship. A non-competitive environment is encouraged as we focus on our acceptance in Christ.

\$215

Invitational Ballet 3 (4th grade and up) This level is designed for students who demonstrate an understanding of beginning classical ballet alignment, technique, and repertoire. It is intended for students who have demonstrated proficiency in level 2. The level is divided into 3B (*typically 4th grade*) and 3A (*typically 5th grade*). Students who are transferring from another program will be required to take an assessment class to be a part of this level. Students are required to take 2 ballet classes a week (one technique class and one repertoire class). Students must commit to dancing year-round to be a part of this level. Students in level 3A have the option of participating in the Lyrical 3A class.

Level 3A: \$310 Level 3B: \$295

Invitational Ballet 4 (6th grade and up) Students will continue to develop technique and build repertoire in this level. The level is divided into 4B (*typically 6th grade*) and 4A (*typically 7th grade*). Level 4B is a pre-pointe level and level 4A is beginner pointe training. Students in this class must dance in Ballet 3 (or similar level if transferring from another school) prior to being eligible. Students who are transferring from another program will be required to take an assessment class to be a part of this level. (Please contact the dance director at dance@jbc.org to set up an evaluation.) Students are required to take 2 ballet classes a week, one technique class and one repertoire class. Students at this level are invited to take Lyrical 4. Students must commit to dancing year-round to be a part of this level.

\$325

Invitational Ballet 5 (8th-12th grade) Students will continue to develop technique and build repertoire in this level. Students have experience dancing en pointe in this level. This level is divided into 5B and 5A (top of the level). Students in this class must dance in Ballet 4 (or similar level if transferring from another school) prior to being eligible. Students who are transferring from another program will be required to take an assessment class to be a part of this level. (Please contact the dance director at dance@jbc.org to set up an evaluation.) Students are required to take 2 ballet classes a week and also the Saturday Conditioning and Lyrical classes. Students must commit to dancing year-round to be a part of this level.

\$510

Jazz 1-5 Jazz position, technique and movement will be taught in a fun, upbeat and conservative fashion. Jazz levels will coincide with ballet placement. **If a dancer does not have ballet training she will be placed by age through level 2 and assessed and placed accordingly if older than 3rd grade.**

Jazz 1-4: \$215 Jazz 5: \$240

Tap 1-5 Tap curriculum teaches tap steps, technique and rhythm in a fun upbeat style of dance. Dancers have the opportunity to learn to explore the rhythm of music and musical patterns. Students with no previous tap experience will start with Tap 1. **Students are placed in levels 2-5 by assessment only.**

Tap 1-5: \$215

Class Schedule & Room Assignments

*Classes start Friday, January 6 through Thursday, May 18.

**Mandatory rehearsals are Thursday, April 27th & Friday, April 28th.

***The concert will be held on Saturday April 29th at 10am and 2:30pm.

Monday			
Class Name	Time	Room	Teacher
Mommy & Me	11:30am-12:10pm	105	Tennyson
Home School Ballet 1	12:30-1:15pm	280	Tennyson
Home School Ballet 2	1:15-2pm	280	Tennyson
Pre-Ballet (opt Tap)	1:30-2:15pm (2:30pm)	290	Christie
Ballet 3B (Sec A) Choreography	5-5:45pm	280	Faith
Ballet 4B Technique	5:50-6:50pm	280	Faith
Ballet 5B Technique/ AP Variations Required	7-8:15pm	280	Faith
Tuesday			
Class Name	Time	Room	Teacher
Ballet 1	3:30-4:15pm	280	Tennyson
Jazz 2	3:30-4:15pm	290	Christie
Ballet 2 Preparatory	4:20-5:05pm	280	Tennyson
Jazz 1	4:20-5:05pm	290	Christie
Ballet 3B (Section B) Technique	5:10-5:55pm	105	Tennyson
Lyrical 3A	5:10-5:55pm	290	Christie
Ballet 5B Choreography	5-6:35pm	280	Faith
Ballet 3A Choreography	6-6:45pm	105	Tennyson
Jazz 4	6-6:45pm	276/277	Christie
Jazz 5	6:50-7:50pm	105	Christie
Ballet 4A Choreography	6:50-8pm	280	Tennyson
Jazz 3	6:50-7:35pm	276/277	Faith
Ballet 5A Choreography	8-9:15pm	280	Tennyson
Wednesday			
Class Name	Time	Room	Teacher
Pre-Ballet (Opt Tap)	1:15-2pm (2:15)	290	Christie
Ballet 2	3:30-4:15pm	280	Aubrey
Ballet 3A Technique	4:20-5:05pm	280	Aubrey
Ballet 4A Technique	5:10-6:10pm	280	Aubrey

Class Schedule & Room Assignments

*Classes start Saturday, Friday, January 6 through Thursday, May 18.

**Mandatory rehearsals are Thursday, April 27th & Friday, April 28th.

***The concert will be held on Saturday April 29th at 10am and 2:30pm.

Thursday			
Class Name	Time	Room	Teacher
Pre-Ballet (Opt Tap)	1:15-2pm (2:15)	290	Tennyson
Tap 1	3:30-4:15pm	105	Erika
Ballet 2	3:30-4:15pm	280	Aubrey
Tap 2/3	4:20-5:05pm	105	Erika
Ballet 1	4:20-5:05	280	Aubrey
Ballet 3B (Sec 1) Technique	5:10-5:55pm	280	Faith
Tap 5	5:10-5:55pm	105	Erika
Pre-Ballet	5:10-5:55PM	290	Aubrey
Ballet 1	6:15-7pm	290	Faith
Tap 4	6-6:45pm	105	Erika
Ballet 3B (Sec 2) Choreography	6-6:45pm	280	Aubrey
Ballet 4B Choreography	6:50-8:00pm	105	Erika
Ballet 5A Technique	6:50-8:30pm	280	Aubrey
Advanced Pointe Variations	8:35-9:30pm	280	Aubrey
Friday			
Class Name	Time	Room	Teacher
Lyrical 5 (Section A)	3:30-5:30pm	280	Aubrey
Lyrical 4	5:30-6:30pm	280	Aubrey
Saturday			
Class Name	Time	Room	Teacher
Lyrical 5 (Section B)	10am-12pm	290	Faith



Important Dates

Classes begin Friday, January 6 & end Thursday, May 18.

There are NO classes on Cobb County
Winter or Spring Break.

Winter Break: No classes Monday, February 20 -
Saturday, February, 25. Classes resume Monday,
February 27.

Spring Break: No practices Monday, April 3 -
Saturday, April 8. Classes resume Monday, April 10.

No classes: Friday, April 7th or Saturday, 8th.

Mandatory rehearsals Pre-Ballet & Above:
Thursday April 27th & Friday April 28th.

Dance Concert: Saturday, April 29th at 10am & 2:30pm.

Dress Code

Each class has specific required attire. Every dancer needs to arrive dressed in the attire below.
Recommended Dance Store: Dancemax Dancewear (Canton Rd, Marietta)

Boys: Solid black pants or shorts, solid white t-shirt and black ballet shoes.

Pre-Ballet and Pre-Ballet/Tap: Pink tights (Bloch T0921G), pink leather ballet shoes (full sole), and a solid pastel pink leotard (no skirt attached). Ballet shoes must have elastic sewn across the top. No skirts will be allowed at this level. Hair must be in a bun-- neat and tidy off the neck and out of the eyes.

If taking Pre-Ballet /Tap: In addition to the above, you will need Mary Jane style tap shoes with buckles or Velcro.

Ballet 1: Leotard options: Energetics style #CL02 in Turquoise*. Pink Tights (Bloch T0921G or T0982) and pink (full sole) leather ballet shoes. Ballet shoes must have elastic sewn across the top. No skirts will be allowed at this level. Hair must be in a bun and neat and tidy off the neck and over the eyes. (*If you have one of the discontinued turquoise Motionwear leotards from the 2020-2021 season you may wear that to class for one more season. No other brands are allowed.)

Ballet 2 and Ballet 2 (Preparatory): Leotard options: Energetics style #CL04, #CL12 in Cerise*. Pink tights (Bloch T0921G or T0982) and pink (full sole) leather ballet shoes. Ballet shoes must have elastic sewn across the top. No skirts will be allowed at this level. Hair must be in a bun and neat and tidy off the neck and over the eyes. (*If you have one of the discontinued raspberry Motionwear leotards from the 2020-2021 season you may wear that to class for one more season. No other brands are allowed.)

Invitational Ballet 3: Leotard options: Energetics style #CL11/AL11, #CL09/AL09, #CL12/AL12 in Deep Purple*. Performance Pink Tights (So Danca TS95 or TS96) and pink (split sole) ballet shoes. Ballet shoes must have elastic sewn across the top. Everyone has the option of wearing a black ballet skirt at this level. Hair must be in a secure bun and neat and tidy off the neck and over the eyes. (*If you have one of the discontinued concord blue Motionwear leotards from the 2020-2021 season you may wear that to class for one more season. No other brands are allowed.)

Invitational Ballet 4: Leotard options: Energetics style #CL09/AL09, #CL12/AL12 in Aubergine*. Performance Pink Tights (So Danca TS95 or TS96) and pink (split sole) ballet shoes. Ballet shoes must have elastic sewn across the top. Hair must be in a secure bun and neat and tidy off the neck and over the eyes. (*If you have one of the discontinued plum Motionwear leotards from the 2020-2021 season you may wear that to class for one more season. No other brands are allowed.)

Invitational Ballet 5: Leotard options: solid black in dancers' style of choice. Performance Pink Tights (So Danca TS95 or TS96) and pink (split sole) ballet shoes. Shoes must have elastic sewn across the top. Pointe shoes have to have elastic and ribbons sewn properly for every class. Hair must be in a secure bun and neat and tidy off the neck and over the eyes.

All Tap Classes: Leotard and tights: Same attire as ballet level. Some "extras" are permitted such as dance shorts or dance pants. Please no shirts, skirts, or "baggy" clothing.

Shoes: Pre-level and level 1: tan Mary Jane style tap shoes

Level 2-5: tan lace up tap shoes

All Jazz Classes: Leotard and tights: Same attire as ballet level. Some "extras" are permitted such as dance shorts or dance pants. Please no shirts, skirts, or "baggy" clothing.

Shoes: tan slip on jazz shoes

All Lyrical Classes: Leotard and tights: Same attire as ballet level. Some "extras" are permitted such as dance shorts or dance pants. Please no shirts, skirts, or "baggy" clothing.