

MENTOR PREPARATION GUIDE - GRATITUDE, PEACE AND CONTENTMENT

Before your meeting, you will need to:

- Pick your book, and have copies to distribute at the meeting
- Print copies of homework assignments and all additional resources for this topic
- Prepare your meeting place -comfortable setting, simple snack
- Plan your meeting agenda – see meeting guide for more detailed help
- Prepare Peer Challenge assignment pairings for your group
- Your STORY
 - How do you deal with fears and stress? How have you learned to be content with not only what God has given you materially, but with your circumstances of life? How has God guided you and grown you through difficult situations, even giving you thankfulness for going through them? And how are you content and have a grateful heart with where God has you right here, right now?
 - These young women need to know where peace truly comes from and to understand deep within them that God is in control and will care and provide for all they will ever need. So how have you learned to let go of your fears and choose to trust in God? How has God turned your heart into a heart of thankfulness in all circumstances and/or, where are you in the journey of thankfulness? In what specific areas of life have you seen God grow your ability to cast all your cares on Him and experience Him caring for you? How has the world around you, your relationships, your influence been impacted through your decision to have a thankful heart? What difference has having a grateful spirit made in your life? You will want to share this with these women! They will be eager to hear!
 - You will find this month an extremely encouraging month for these women. They will connect with the struggles and the truth in such a way that hopefully their faith will grow, and they will experience their roots going deeper into God's love for them.
- Incorporate the Personal Ministry Plan in the meeting
- Schedule one-on-ones (remember to meet at least once every 3 months with each mentee)
- Pray for the meeting and each mentee