

MARRIAGE FOCUS – INTIMACY WITH GOD

Marriage Exercise – Praying for Your Husband

This month, you are going to make a concerted effort to pray for your husband. Not only does God hear us when we pray for people, His first step in answering our prayer is often changing our hearts toward the very person we are praying for.

Use the 31 Days of Praying for Your Husband handout.

Be prepared to share how God worked in your heart this month as you prayed for your husband.

Date Night Questions

No matter how long you have been married, how great your marriage is, how busy you are, or whether you have children or not, it is important to set aside time to give your spouse your full attention. Each month you will be asked to plan and carry out a date night with your husband. This can be as involved as going to a special place for dinner, going out for coffee or ice cream, or as simple as putting the kids to bed, ordering a pizza and spreading a blanket on the floor to enjoy it together—whatever would set it apart as a special evening.

The point is that your husband sees that you have taken the effort to plan an evening for just the two of you.

You will also be asked to be intentional to discuss certain topics together. This month, both of you should read Kenneth Boa's article "Finishing Well" prior to your date night so that you will be able to have some good discussion together based on the questions.

Your goal in asking these questions is to communicate about some topics you might normally never discuss. Write down what input your husband gives you. Hopefully, during the year you will both find this date night and discussion very beneficial to your marriage.

THIS MONTH'S QUESTIONS

- Share with your husband areas you would like to see growth in your life this year. Ask him to pray for these areas in your life together this year.

- Without interjecting, listen as your husband shares his answers. Write down what area(s) he would like to see growth in. Now you have the opportunity to be praying specifically for him.

- Set some tangible and measurable goals to help you both grow in the areas you discussed this year and commit to keeping each other accountable.

This would be a great time to pray together specifically about what you have discussed.