

MARRIAGE FOCUS - PERSONALITY

Marriage Exercise - Personality Profile

Prior to your date night, both you and your husband should complete the Personality Profile included. A copy for your husband is included as well.

Date Night Questions

Though no one person will fit exactly into one box, share with each other what your personality type is. Many of you will find that you're a combination of two. Take time to identify and discuss you and your spouse's strengths and weaknesses.

How do you and your husband's strengths/weaknesses balance out?

What tendencies of your personalities do you need to be aware of when dealing with each other?

Is there one thing you need to focus on in order to be a better spouse to each other?