



GUIDEBOOK

Why do we mentor?

The Titus2 Mandate

Our culture is separating generations more than ever before. We are intimidated by each other. We don't know how to relate. We are scared to step out, to reach out a hand, to allow someone else to really know us.

Yet *there's never been a time that women need each other more.* Women of different ages, cultures, races, backgrounds.

To cheer each other on. To build each other up. To grow and stretch each other. It takes effort. Intention. Time.

It is a call God places on our lives - to grab each others' hands, across generations and pull each other up. Gently nudging each other closer to Christ on this journey called life.

Mentoring bridges the gap between generations. Draws us into relationship with one another. Connects our lives and intertwines our stories.

The Lord tells us that mature women are called to mentor younger women. His Word states women are to be "reverent in their behavior, not malicious gossips nor addicted to much wine, teaching what is right and good, so that they may encourage the young women to tenderly love their husbands and their children, to be sensible, pure, makers of a home [where God is honored], good-natured, being subject to their own husbands, so that the word of God will not be dishonored." Titus 2:3-5 AMP

"THAT THEY MAY"

As disciples of Jesus, we have received the highest gift by our Savior Lord Jesus Christ. Having freely received, we are called to freely give - not out of obligation or duty, but because we can (Matthew 10:8). That we may reach the next generation, impacting lives and creating disciple-makers passionate about God and life, all for His glory.

"They" is you. It is all of us.

Single, married, career women, homemakers, students...

It is a 30 year old mentoring a 21 year old.
It is a 45 year old mentoring a 32 year old.
It is a 65 year old mentoring a 40 year old.

Wherever you are in life, there is always someone a few steps behind you. So let's unite. Focusing on how similar we really are instead of allowing our differences to separate us. Let's walk this road together. **THAT WE MAY.**



Mentoring Defined

What exactly is mentoring?

Mentoring is not counseling. It is not leading a Bible study. It is not being someone's mother.

Mentoring is an intentional relationship between an older person and a younger person. It is walking through life together for a season, sharing wisdom, life experiences and growing in your relationship with Christ. Being a mentor is not about what you know, it's about listening well, opening up your life to someone and pointing their eyes always to Christ. And by doing so it has the power to transform lives.

Mentoring has been going on since Jesus walked on the earth. It is a simple, modern-day way of doing what Jesus did – making disciples.

DISCIPLESHIP THROUGH INTENTIONAL RELATIONSHIP. MENTORING DEFINED.



Why Mentor?

Your life can make a difference.

You have a wealth of experiences and wisdom that could be life-changing to someone a little behind you in life.

The need is great.

Countless women today long to be nurtured. There is a greater need than ever before.

- Family is divided by distance
- Oftentimes, the family unity has disintegrated
- Women may not have good role models in their own mothers
- Fast pace of society keeps women from developing relationships
- Life is so complicated now . . . so many more choices today than ever before

They don't need more information. They need wisdom from someone who has already traveled their stage of life.

It's scriptural.

"Older women likewise are to be reverent in their behavior, not malicious gossips, nor enslaved to much wine, teaching what is good, that they may encourage the young women to love their husbands, to love their children, to be sensible, pure, workers at home, kind, being subject to their own husbands, that the word of God may not be dishonored." Titus 2:3-5

God has issued a clear call to older women to take what we've learned over the years to encourage younger women.

Mentoring keeps you learning, growing and engaged in God's Kingdom.

Mentoring might seem risky as you step out of your comfort zone, but you'll be using your experiences and wisdom gained over the years to invest in younger women, which could make a huge difference in their lives. You have no idea how God could use your life to impact not only the next generation, but many generations that follow!

You help equip the mentees as disciples to become disciple makers.

- Stronger relationship with God
- Equipping for life roles
- Strengthened marriage
- New wisdom and insights from mentor
- Accountability for spiritual disciplines
- Greater joy and fulfillment
- New relationships within a caring community



Who Needs Mentoring?

- How does your church bridge the gap between generations?
- What opportunities are there for younger women to build community with older women?
- How is your church reaching, connecting and growing Millennials, GenZ and coming generations?
- Is your church providing opportunities that value the contribution and wisdom of their older members?

Mentoring is the answer to all these questions. It connects generations and builds relationships that might not happen otherwise – growing women closer to Christ and helping them feel more connected within their church body.

SO, WHO NEEDS MENTORING?

YOU DO. YOUNG WOMEN DO. MATURE WOMEN DO. YOUR CHURCH DOES.

Young women desire to learn from & have relationship with women further along in the journey of life. Mature women are honored when asked to share their wisdom & knowledge with those younger than them.

The impact mentoring has on your church body and community is limitless.

The bottom line – mentoring is a win-win.

Even so, most won't initiate a mentoring relationship on their own. Yet, you will find that the majority of people respond favorably when the opportunity is placed before them.

Spiritual growth doesn't happen accidentally. And rarely do relationships develop effortlessly. Intentionality and consistency together bring about transformation.

TITUS2 WILL HELP YOU BE INTENTIONAL, CONSISTENT AND PRODUCTIVE.

So now's the time – go be the catalytic leader God uses to make mentoring happen in your church. Be the spark to start the fire and the energy to get it going.



The Legacy

Titus2 was birthed out of a passion Regina Williams had for investing in the lives of younger women. When Regina was in her 20's, an older woman, Carol St. Clair, chose to invest in her life, modeling what a woman walking with God looks like. Because she did not grow up in a Christian home, the time spent with Carol changed the direction of her life. Carol spent time with Regina studying God's Word, answering her questions about marriage and parenting, and demonstrating how to invest in the lives of other women. It had such a life changing impact that Regina felt God's calling to give to other women what had been given to her.

After mentoring younger women individually for over 20 years, Regina discovered her time with younger women led to more transformation if she challenged the women to study Scripture and read a book on specific topics. Then God led her to mentoring within the context of a group. God confirmed this direction when Regina was approached and asked if she would consider mentoring a group of women at her church. In 2006, she developed materials and led seven women who committed to a year of intentional mentoring using books written by Christian authors on topics the women wanted growth and godly wisdom on.

Regina found that mentoring a group of women multiplied her time and had a greater impact with younger women. Because the women met with a group of peers, they not only learned from her, but from each other as they shared their experiences and what God was teaching them.

Along the way, Regina came to see that the success of Titus2 was derived from the fact that she was simply doing what Jesus did:

- He mentored in a small group context
- He invested in them for a defined period of time
- He served them and modeled selflessness
- He made and received a mutual commitment from His disciples
- He expected multiplication, not addition and a commitment to pay it forward
- He taught them within the context of life, along the way
- He modeled a God-centric life allowing them to see how He applied His faith in every aspect of life
- He lived, taught and interpreted Scripture throughout their time together

To this day, God is still transforming lives through the model Regina founded. Although she didn't feel capable of the call God assigned to her, she was obedient and through her faithfulness and her humble spirit always growing through the process, she was a catalyst in the lives of so many younger women.

We believe that God can and will use you in the same capacity, if not greater, if you are willing to step in and join God's work. Will you join Him? YOUR LEGACY IS CALLING.



Titus2 Program

Titus2 is designed to make it simple for women to invest in the lives of other women through a mentoring relationship.

Titus2 - Called to More

Our goal is to call every woman, young and old, to more. We exist to help generations journey together through intentional relationships focused on Him, calling women to a higher vision, a more abundant life, and a deeper relationship with Christ.

Titus2 Core Elements

CONNECTING

- With your Heavenly Father as you pursue a relationship with Him
- With your mentor as she intentionally invests in you
- With fellow mentees through monthly group meetings and peer challenges

MEMORIZING SCRIPTURE

- Hiding the Word of God away in your heart through Scripture memorization and meditation

READING A BOOK

- Reading a book specifically chosen on a relevant topic then writing a one-page summary of your takeaways

PERSONAL MINISTRY PLAN

- Identify a plan for how to serve and lead in your church and community based on gifts and passions

FOCUSING ON MARRIAGE (FOR MARRIED GROUPS)

- A marriage exercise designed to deepen your marriage and help you focus on your marriage throughout the month
- A date night focused on intentional conversation with your husband

Program Format

GROUP

- Titus2 groups are designed as a small group mentoring model - average of 1-2 mentors and 4-7 mentees

MEETINGS

- Groups meet once a month in the mentor's home for approximately 3 hours
- One-on-one meetings with the mentor are encouraged throughout the year

COMMITMENT

- The program lasts 12 months or 9 months (covering school year calendar), one topic per month



Program Format, continued

RETREAT

- Weekend retreat in the 2nd or 3rd month to share faith stories and help build relationships between the mentor and mentees

GRADUATION

- Graduation dinner in the mentor's home with mentor, mentees and spouses (if applicable) to celebrate the year together

OPTIONAL SUGGESTIONS

- Mid-year group dinner with spouses (for married groups)
- Mentor (and husband if applicable) have dinner in the home of mentees

Topics & Schedule

Titus2 has a suggested 12-month track or a 9-month track following the school year calendar and breaking for summer.

There are 17 monthly topics to choose from. Additionally, there is information on how to plan and carry out a retreat at the beginning of the year and a graduation at the end of the year. Each topic has resources to assist the mentor with preparation, content for each session, suggested book titles and homework for your mentees. Some topics are specific for married women, some for single women, but most topics work for both married and single women. The topics available for you to choose from are:

Intimacy with God	Marriage (if applicable)
Prayer	Parenting (if applicable)
Identity in Christ	Personality
Influence	Relationships and Sexual Purity (if applicable)
Emotions and Godly Character	Significance and Security
Following Jesus	Singleness
Gratitude, Peace and Contentment	Stewardship: Money and Time
Growing Through Difficulties	Thought Life
Intimacy in Marriage (if applicable)	

MENTORS ARE PROVIDED WITH

- Timeline to plan and launch a Titus2 Mentoring group
- Training material for mentors
- Templates to email prospective mentees
- Applications for mentors and mentees
- Mentor and mentee covenants
- Monthly mentee homework assignment sheets, mentor preparation guides and meeting guides for each group session
- Suggested books with options to choose from for each topic



Titus2 Commitment

It's important that we take a moment to share the heartbeat behind Titus2. We receive many questions regarding why the Titus2 content is so rigorous. The answer is pretty simple -

BECAUSE GOD MULTIPLIES WHAT WE GIVE HIM.

Therefore the more time, effort and sacrifice we are willing to put into our relationship with Him, the more kingdom impact and greater transformation in our lives.

"Remember this: whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously." 2 Corinthians 9:6

Yes, Titus2 is a big commitment. It is designed to be a year of intentional living. A year walking through carefully selected topics relevant to life and our walk with God. A year of sowing generously. It's a commitment not everyone can make. But those who make the sacrifice will reap generously. We've seen this principle work out for itself - God shows up big and lives are transformed through Titus2, proving it successful, effective and transformational. And that's what the program was created to do.

While designed very intentionally, we realize there are certain situations where the Titus2 program doesn't fit perfectly. Whatever the reason may be, we want Titus2 to fit your church culture or the needs of your specific group and believe there are ways to make that happen. While we don't suggest diluting the content or cutting out any of the core elements, you have the freedom to adapt the program to best fit your group's needs.

Thought and prayer was put into every aspect of Titus2, and then it was put into practice, tweaking and adapting the materials as the years progressed. No doubt the standards are set high, the expectations made clear, and the sacrifice is great. But God has drawn near, time and time again. He's answered prayers. He's opened eyes and softened hearts. Restored relationships. And lit hearts on fire for Him and Him alone. It's happened in countless lives already. And can happen in the lives of your women as well!



Goals for Titus2 Graduates

- To have a strong relationship with Christ as a result of having knowledge of God's Word and of having a consistent prayer life
- To embrace Scripture as a foundational truth for all of life. To continually commit specific verses to memory and apply them to real life situations
- To understand who she is in Christ and to walk in the freedom and confidence of a redeemed child of God
- To serve and lead in her church and community based on her Personal Ministry Plan
- To experience contentment that comes from trusting God
- To have an eternal perspective that results in being a wise steward of what God has entrusted to her
- If married, to have a closer relationship with God and her husband through understanding God's purpose for marriage
- If a mother, to be encouraged and better equipped, as a result of understanding her role in the parenting journey



Suggested Timeline

7 to 8 months before Titus2 Mentoring begins

Pray and ask the Lord to prepare the hearts of potential mentors

- Invite potential mentors to an informational meeting or speak individually with them
- Hold an informational meeting to introduce the program to potential mentors

6 months before Titus2 Mentoring begins

Pray and ask the Lord to guide you as you select the mentors

- Select mentors through an application process or by personal recommendation
- Ask mentors to confirm their commitment to the year ahead and sign the mentor covenant

4 to 5 months before Titus2 Mentoring begins

Pray and ask the Lord to direct you to the women who would benefit from participating

- Announce the upcoming Titus2 program to the church body
- Send out an email or letter to potential mentees inviting them to apply
- Receive and read through applications

2 to 3 months before Titus2 Mentoring begins

Pray and ask the Lord to direct the matching process

- Hold mentor training
- Draft mentor groups
- Mentors contact mentees and set up one-on-one meetings before the first group meeting

1 month before Titus2 Mentoring begins

Pray and ask the Lord to do incredible things in the lives of all the women

- Each mentor selects the first meeting night and retreat dates, making sure all participants can attend both
- Send out first meeting assignments and covenant to mentees