

Pastor Clay Smith

Swimming Upstream
Romans 12:1-2

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Swimming Upstream 1. Offer to God How to Offer:	(v. 1)	1. Read Paul n bodie from t
i to God and be ii every part of my _ 2. Ask God to change		2. 12:1 sa this do way y
through		3. Paul o with b your r
Ways to Renew My Mind: i. Schedule daily	with God	strong
ii. Guard my iii. Ask the Holy Spirit to change _		4. What like in when
iv. Systematically v. Memorize		somet
vivii. Gather with pursuing truth	_ the Word	5. 12:2 p we ca do yo knowi
This Week's Challenge: Statement: God, I every part of my life to you. Prayer: Show me		6. What week God to help y

August 3, 2025

Discussion Questions

- 1. Read Romans 12:1-2 together. What do you think Paul means when he calls us to present our bodies as a "living sacrifice"? How is this different from the Old Testament sacrifices?
- 2. 12:1 says this is our "spiritual worship." How does this definition of worship challenge or expand the way you normally think about worship?
- 3. Paul contrasts being "conformed to this world" with being "transformed by the renewing of your mind." In what areas of life do you feel the strongest pull to conform to the world?
- 4. What does "the renewing of your mind" look like in everyday practice? Can you share a time when God changed the way you thought about something through His Word?
- 5. 12:2 promises that by renewing our minds, we can "discern what is the will of God." Why do you think renewing our minds is key to knowing God's will?
- 6. What is one concrete step you can take this week to resist conformity to the world and invite God to renew your mind? How can this group help you follow through?